

Name: Colton Ike Merrill ATC, CPT		Grading Quarter: 1	Week Beginning: Week 9- 12/11-12/15
School Year: 2023-2024		Subject: Sports Medicine and Rehabilitation 3 NASM Personal Trainer	
M o n d a y	Notes:	Objective: Lesson Overview: Study and practice for Certification exam	Academic Sports Med CTE Standards: All Standards
T u e s d a y	Notes:	Objective: Study and practice for Certification exam Lesson Overview:	Academic Sports Med CTE Standards: All Standards
W e d n e s d a y	Notes:	Objective: Study and practice for Certification exam Lesson Overview:	Academic Sports Med CTE Standards: All Standards
T h u r s d a y	Notes:	Objective: Study and practice for Certification exam Lesson Overview:	Academic Sports Med CTE Standards: All Standards

F r i d a y	Notes:	Objective: Study and practice for Certification exam Lesson Overview:	Academic Sports Med CTE Standards: All Standards
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